

Lunch Menu

Monday 9th Oct

MO—Beef Pasta Bolognese with Garlic bread

VE—Cheese & Tomato Pizza with a Wholemeal base

Seasonal Vegetables, Salad

Apple Sponge Cake & Custard, Homemade Yoghurt or Fresh Fruit

Tuesday 10th Oct

MO—Jacket Potato with Tuna, Cheese, Beans

VE—Homemade Macaroni Cheese

Broccoli, Baked Beans,, Salad

Homemade Chocolate Crispy Cake Yoghurt or Fresh Fruit

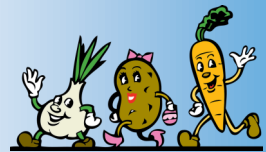
Wednesday 11th Oct

MO—Roast Chicken with Yorkshire pudding

VE—Quorn Roast with Yorkshire Pudding

Roast Potatoes, Carrots, Cauliflower, Salad

Jelly & Fruit, Homemade Yoghurt or Fresh Fruit



Thursday 12th Oct

MO—Ham or Tuna Wholemeal Baguette

VE—Egg, Cheese or Buttered Wholemeal Baguette

Homemade Biscuit, Fresh Fruit Crudités or Homemade Yoghurt and Fruit Juice

Friday 13th Oct

FO—Breaded Fish Fingers

VE—Veggie Balls in a homemade tomato sauce

Chips or Pasta, Peas or Baked Beans, Baked Beans

Ice Cream, Homemade Yoghurt or Fresh Fruit



All our meat and vegetables are locally sourced (within 35 miles) and delivered fresh.

Freshly prepared Salad bar, Homemade Yoghurt with Fruit Compote and a selection of Fresh Fruit available daily.

We use a blend of Wholemeal and White in all our Pastas and Flours.